

Monday Breakfast

Sausage

Scrambled Eggs

Southwest Hashbrown Casserole

Buttermilk Biscuits and Pepper Gravy

Monday Lunch

Build Your Own Taco Bar

Proteins

Seasoned Ground Beef

Toppings

Shredded Lettuce

Shredded Cheese

Diced Onion

Diced Tomato

Sour Cream

Lime Wedges

Cilantro Black Beans

Spanish Rice

Tortilla Chips

Fire Roasted Salsa

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Diced Chicken

Dressings

Ranch

Italian

Assorted Cookies



Tuesday Breakfast

Pancakes with Assorted Toppings

Scrambled Eggs

Sausage Ham

Diced Rosemary Breakfast Potatoes

Tuesday Lunch

Tuscan Chicken with Cavatappi Pasta

Seasoned Green Beans

Maple Roasted Sweet Potatoes

Assorted Cake Dots

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Diced Chicken

Dressings

Ranch

Caesar



Wednesday Breakfast

Build Your Own Breakfast Tacos

- -Flour/Corn Tortillas
- -Sausage/Ham
- -Scrambled Eggs
- -Shredded Cheese
- -Diced Potatoes
- -Peppers/Onions
- -Salsa

Cheesy Grits

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Chicken Piccata

Lemony Broccolini

Garlic Zucchini & Mushrooms

Assorted Dessert Bars

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Diced Chicken

Dressings

Balsamic Vinaigrette

Ranch



Thursday Breakfast

Breakfast Strata with Sausage

Breakfast Strata with Ham

Breakfast Strata with Sauteed Veggies

Hashbrown Patties

Thursday Lunch

Build Your Own Pasta Bowls

Cavatappi Pasta

-marinara

-alfredo

-chicken

-meatballs

Mixed seasonal veggies

Honey Thyme Glazed Carrots

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Diced Chicken

Dressings

Ranch

Italian

Assorted Cookies/Brownies



Friday Breakfast

Sausage/Turkey Sausage

Scrambled Eggs

Breakfast Sweet Potatoes

Friday Lunch

Chicken Fajitas

Flour Tortillas

Grilled Peppers and Onions

Spanish Rice

Ranch Beans

-Sour Cream

-Pico De Gallo

-Shredded Lettuce

-Shredded Cheese

-Lime Wedges

Chips, Fire Roasted Salsa

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Diced Chicken

Dressings

Ranch

Italian

Assorted Brownies



Saturday Breakfast

Migas

Corn and Flour Tortillas

Potato Pancakes

Sausage

Saturday Lunch

Honey Garlic Chicken

Seasoned Asparagus

Roasted Butternut Squash and Brussel Sprouts

Assorted Dessert Bars

Salad Bar

Spring Mix

Chopped Romaine

Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Diced Chicken

Dressings

Ranch

Italian



Sunday Breakfast

French Toast with Assorted Toppings

Scrambled Eggs

Sausage/Ham

Diced Rosemary Potatoes

Sunday Lunch Sala	d Bar
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Chicken Piccata Spring Mix

Parmesan Polenta Chopped Romaine

Fried Okra Sliced Cucumbers

Shredded Carrots

Hard Boiled Eggs

Assorted Cake Dots

Dressings Dressings

Ranch

Caesar



Daily Cold Grab and Go

Dilly Bites

Fresh Fruit Cup

Assorted Cold Sandwiches or wraps

Protein Bento Box or hummus and veggie cup

Gatorade (3 flavors)

Bottled Water

White Milk

Chocolate Milk

Coke/Diet Coke/Sprite/Dr Pepper

Daily Assorted Snacks to Rotate

Whole fruit

Assorted sandwich crackers

PB & J Bar