



## Dining Menu

### Monday, August 12th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Sausage  
Red Potato Home Fries  
Bacon, Egg & Cheese Sandwiches  
Pork Roll, Egg & Cheese

#### **Lunch From the Grill:**

Balsamic & herb Marinated Grilled Chicken,  
Black Bean Burgers, Bratwurst w/ caramelized onions  
Blackened Salmon w/ tomato-mango Pico di Gallo  
Buns, LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Ham & Havarti w/ honey mustard, LTO on Rye  
Roast Beef & Swiss w/ iceberg, tomato & 1000  
Turkey Club in a whole wheat wrap  
Chicken & Tuna Protein Cups, Fruit Salad  
Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Jersey Tomato & Mozzarella  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
chicken Caesar wraps, &  
Ham & cheddar pinwheels  
Grilled Vegetable Crudité w/ dipping sauce



## Dining Menu

### Tuesday, August 13th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits, Smoked Salmon Plate  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Bacon  
Breakfast Sausage  
Red Potato Home Fries  
Bacon, Egg & Cheese Sandwiches  
Pork Roll, Egg & Cheese

#### **Lunch From the Grill:**

Balsamic Grilled Chicken w/roasted peppers & fresh mozzarella,  
Black Bean Burgers,  
Blackened Grouper, Cheesesteaks  
Buns, LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Ham & Havarti w/ honey mustard, LTO on Rye  
Roast Beef/Boursin-Arugula & Tomato Baguette  
Grilled Chicken, Cheddar, avocado wheat wrap  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad  
Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Broccoli Salad  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
Italian pinwheels, chicken Caesar wraps, & Grilled Vegetable Crudit  w/ dipping sauce



## Dining Menu

### Wednesday, August 14th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Smoked Salmon Platter w/ all fixings  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Bacon  
Red Potato Home Fries  
Sausage & Cheddar Biscuit  
Bacon, Egg & Cheese on Brioche  
Classic French Toast w/ maple syrup  
Omelet Station -all toppings

#### **Lunch From the Grill:**

Burgers, Hot Dogs, BBQ Chicken,  
Black Bean Burgers, Blackened Salmon  
All toppings -LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Italian hero w/ LTO and Italian dressing on ciabatta  
Junior Turkey Club on Whole Wheat  
Grilled Chicken Caesar wrap  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad  
Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad

Cookies, Brownies, & Sliced Watermelon

#### **Stations**

**Lunch:** Smash Burgers & boardwalk fries  
Crab Cake Sliders w/ coleslaw

**Dinner:** Carved Chili Rubbed Flank Steak w/peppers & onions & Rolls  
Fish Fry w/catfish & shrimp, tartare sauce

#### **Salad Bar:**

Mediterranean Couscous Salad  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.



## Dining Menu

### Thursday, August 15th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Smoked Salmon Platter w/ all fixings  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Sausage  
Classic French toast w/ butter & syrup  
Red Potato Home Fries  
Bacon, Egg & Cheese on potato roll  
Pork Roll, Egg & Cheese on potato roll  
Omelet Station -all toppings

#### **Lunch From the Grill:**

Burgers, Hot Dogs, Grilled Chicken  
Black Bean Burgers, Blackened Grouper  
All toppings -LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Flank Steak Sandwich w/ soy mayo, red onion & arugula  
Grilled Vegetable Wrap w/ spinach & hummus  
Ham & Cheddar on Marble Rye w/ LT & Honey mustard  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad

Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Asian Chicken Salad  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **Surf & Turf**

**Carving:** Filet Mignon w/ caramelized onions, horseradish sauce & ciabatta rolls  
Lobster Rolls on brioche  
Sesame Seared Tuna w/ seaweed salad, wasabi & pickled ginger  
Grilled Vegetable Platter

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
Turkey & cheddar pinwheels  
Veggie -Chips & hummus



## Dining Menu

### Friday, August 16th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Smoked Salmon Platter w/ all fixings  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Bacon  
Roasted Tomato, Spinach & feta breakfast tart  
Red Potato Home Fries  
Sausage & Cheddar Biscuit  
Ham, Egg, & Cheese Croissant  
Cheese Blintz w/ raspberry sauce  
Omelet Station -all toppings

#### **Lunch From the Grill:**

Burgers, Hot Dogs, Grilled Chicken,  
Black Bean Burgers, Blackened Grouper  
All toppings -LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Italian hero w/ LTO and Italian dressing on ciabatta  
Junior Turkey Club on Whole Wheat  
Grilled Chicken Caesar wrap  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad  
Peanut Butter & Jelly on White

Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Artichoke & Farro Salad  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
Italian pinwheels, chicken Caesar wraps, & Turkey & cheddar pinwheels  
Grilled Vegetable Crudit  w/ dipping sauce  
Salami & Cheese Protein Packs



## Dining Menu

### Saturday, August 17th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Smoked Salmon Platter w/ all fixings  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Sausage  
Red Potato Home Fries  
Sausage & Cheddar Biscuit  
Pork Roll, Egg & Cheese  
Bacon, Egg, & Cheese  
Belgium Waffles w/ butter, syrup & berries  
Omelet Station -all toppings

#### **Lunch From the Grill:**

Burgers, Hot Dogs, Grilled Chicken  
Black Bean Burgers, Blackened Grouper  
All toppings -LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Steak Sandwich w/horseradish mayo, provolone, arugula & onions  
Grilled Vegetable Wrap w/ spinach & hummus  
Turkey & Cheddar Club on 9 grain bread  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad

Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Spinach Greek Salad  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette.

#### **Backyard BBQ:**

Smoked Pulled Pork w/ house BBQ  
Crispy Chicken Drumettes w/ Alabama white  
Smoked Baby back Ribs  
Gouda Mac & Cheese, coleslaw, cornbread & baked beans

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
Italian pinwheels, chicken Caesar wraps, & Salami & Cheese Protein Packs



## Dining Menu

### Sunday, August 18th

#### **Cold Breakfast:**

Assorted Bagels, white bread, wheat bread with Cream Cheese & butter (Gluten Free option)  
Individual Yogurts, Fresh Fruit Salad & Whole Fruits  
Smoked Salmon Platter w/ all fixings  
Breakfast Breads & Assorted Pastries  
Hard Boiled Eggs  
Assorted Flavored Overnight oats

#### **Hot Breakfast:**

Veggie Egg White Scramble  
Scrambled Eggs  
Smoked Bacon/Turkey Bacon  
Red Potato Home Fries  
Chorizo Breakfast Burrito  
Pork Roll, Egg & Cheese  
Bacon, Egg, & Cheese  
Belgium Waffles w/ syrup, butter & berries  
Omelet Station - all toppings

#### **Lunch From the Grill:**

Burgers, Hot Dogs, Grilled Chicken  
Black Bean Burgers, Blackened Grouper  
All toppings -LTO, pickles, chips & condiments

#### **Cold Sandwiches:**

Steak Sandwich w/horseradish mayo, provolone, arugula & onions  
Grilled Vegetable Wrap w/ spinach & hummus  
Turkey & Cheddar Club on Marble Rye  
Chicken Salad & Tuna Salad Protein Cups  
Fruit Salad

Peanut Butter & Jelly on White  
Almond Butter & Strawberry Jelly on Wheat  
Macaroni & Potato Salad  
Cookies, Brownies, & Sliced Watermelon

#### **Salad Bar:**

Tomato & Mozzarella  
Kale, Radicchio, & Romaine Caesar  
2 Greens – Romaine & Arugula  
Toppings- Artichoke Hearts, Shaved Carrots, Tomatoes, Avocado, Diced Turkey, Red Onions, Radishes, Cucumber, Olives, Feta Cheese, Blue cheese, bacon, pepperoncini peppers, hard boiled eggs, Croutons, toasted almonds, cheddar cheese,  
Edamame, peanuts, etc.

**Dressings:** Fat Free Balsamic, Blue cheese, Fat Free Ranch & Italian Vinaigrette

#### **Backyard BBQ:**

Smoked Pulled Pork w/ house BBQ  
Smoked Brats w/ onions & sauerkraut  
Smoked Beef Brisket w/ house bbq  
Baked Beans, Corn on Cob, Gouda Mac n Cheese & rolls

#### **After Golf Snacks:**

Grab and go snacks- granola bars, peanuts, whole fruit, cookies, assorted candy, etc.  
Chicken Caesar Wraps  
Turkey & cheddar pinwheels  
Salami & Cheese Protein Packs